



## PASCHA

# The Bright and Glorious Resurrection of our Lord, God and Saviour Jesus Christ

30 March / 12 April

### ODE ONE

**Heirmos:** IT is the day of Resurrection, let us be radiant, O ye peoples; Pascha, the Lord's Pascha; for Christ God hath brought us from death unto life, and from earth unto Heaven as we sing the triumphal hymn.

**Troparia:** LET us purify our senses and we shall behold Christ, radiant with the unapproachable light of the Resurrection, and we shall clearly hear Him say: Rejoice! as we sing the triumphal hymn.

FOR meet it is that the Heavens should rejoice, and that the

earth should be glad, and that the whole world, both visible and invisible, should keep the feast; for Christ, our everlasting Joy, hath arisen.

**Katavasia:** It is the day of Resurrection . Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life. (Thrice) JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy. These last two hymns are chanted thus after each Ode.

**Then the Little Litany, with the exclamation:** : For Thine is the dominion, and Thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

### ODE THREE

**Heirmos:** COME, let us drink a new drink, not one marvellously brought forth from a barren rock, but the Source of incorruption, which springeth forth from the grave of Christ, in Whom we are established.

**Troparia:** NOW are all things filled with light; Heaven and earth, and the nethermost regions of the earth. Let all creation, therefore, celebrate the arising of Christ, whereby it is established.

YESTERDAY I was buried with Thee, O Christ, and today I arise with Thine arising. Yesterday was I crucified with Thee; do Thou Thyself glorify me with Thee, O Saviour, in Thy Kingdom.

**Katavasia:** Come, let us drink a new drink . . .

**Then the Little Litany, with the exclamation:** For Thou art our God, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

### THE HYPAKOE - Fourth Tone

WHEN they who were with Mary came, anticipating the dawn, and found the stone rolled away from the sepulchre, they heard from the Angel: Why seek ye among the dead, as though He were mortal man, Him Who abideth in everlasting light? Behold the grave-clothes. Go quickly and proclaim to the world that the Lord is risen, and hath put death to death. For He is the Son of God, Who saveth the race of man.

And a reading from the Theologian, beginning with the words, It is the Day of Resurrection, and my beginning hath good auspices.

### ODE FOUR

**Heirmos:** LET the Prophet Habakkuk, the proclaimer of divine things, keep the divine watch with us, and show forth the radiant Angel who with resounding voice hath declared: Today doth bring salvation to the world, for Christ is risen as omnipotent.

**Troparia:** CHRIST revealed Himself as of the male sex when He opened the Virgin's womb, and as a mortal was He called the Lamb. Thus, without blemish is our Pascha. for He tasted not corruption; and since He is truly God, perfect was He proclaimed.

CHRIST, our blessed Crown, like unto a yearling lamb, of His own good will did sacrifice Himself for all, a Pascha of purification: and from the grave the beautiful Sun of Righteousness shone forth again upon us.

DAVID, the ancestor of our God, danced with leaping before the symbolical Ark of the Covenant. Let us also, the holy people of God, beholding the fulfilment of the symbols, rejoice in godly wise: For Christ is risen, as omnipotent.

Katavasia: Let the Prophet Habakkuk, the proclaimer of divine things . . .

Then the Little Litany, with the exclamation: For a good and man-befriending God art Thou, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

#### **ODE FIVE**

Heirmos: LET us arise in the deep dawn and, instead of myrrh, offer praise to the Master; and we shall see Christ, the Sun of Righteousness, Who causeth life to dawn for all.

Troparia: WHEN those held captive in the bonds of Hades beheld Thy boundless compassion, O Christ, they hastened to the light with a joyful step, exalting the eternal Pascha.

BEARING lights, let us go forth to meet Christ, Who cometh forth from the grave like a bridegroom. And with the ranks of them that love and keep this festival, let us celebrate the saving Pascha of God.

Katavasia: Let us arise in the deep dawn . . .

Then the Little Litany, with the exclamation: For hallowed and glorified is Thine all-honourable and majestic Name, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

#### **ODE SIX**

Heirmos: THOU didst descend into the deepest parts of the earth, and didst shatter the everlasting bars that held fast those that were fettered, O Christ. And on the third day, like Jonas from the sea monster, Thou didst arise from the grave.

Troparia: HAVING kept the seals intact, O Christ, Thou didst rise from the tomb, O Thou Who didst not break the seal of the Virgin by Thy birth; and Thou hast opened unto us the gates of Paradise.

O MY Saviour the life-giving and unslain Sacrifice, when, as God, Thou of Thine own will, hadst offered up Thyself unto the Father, Thou didst raise up with Thyself the whole race of Adam when Thou didst rise from the grave.

Katavasia: Thou didst descend . . .

Then the Little Litany, with the exclamation: For Thou art the King of Peace, and the Saviour of our souls, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

KONTAKION - Tone 8: THOUGH Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

OIKOS: THE myrrh-bearing maidens anticipated the dawn, seeking, as it were day, the Sun Who was before the sun and Who had set in the tomb, and they cried out one to another: O friends, come, let us anoint with sweet-smelling spices the life-bringing and buried Body, even that Flesh which raiseth fallen Adam, who lieth in the grave. Let us go hence, let us make haste like the Wise Men, and let us adore and offer before Him myrrh as it were a gift to Him, Who is no longer wrapped in swaddling bands, but in a winding-sheet. And let us make lamentation and cry aloud in exclamation: Arise, O Master, Thou Who dost grant resurrection to the fallen.

The Synaxarion of the Menaion, then the following: On this, the holy and great Sunday of Pascha, we celebrate the life-bringing Resurrection of our Lord and God and Saviour Jesus Christ.

Verses: Christ, going down alone to the struggle with Hades, Came forth again and brought with Him plenteous spoils of victory. To Him be glory and dominion unto the ages of ages. Amen.

Then there is chanted in Tone 6: LET us who have beheld the Resurrection of Christ worship our holy Lord Jesus, Who is alone without sin. We worship Thy Cross, O Christ, and we praise and glorify Thy holy Resurrection. For Thou art our God, and we know none other beside Thee, and we call upon Thy Name. Come, all ye faithful, let us worship Christ's holy Resurrection, for behold, through the Cross joy hath come to the whole world. Forever blessing the Lord, we praise His Resurrection. He endured the Cross for us, and by death destroyed death. (Thrice)

JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy. (Thrice)

#### **ODE SEVEN**

Heirmos: THE only blest and most glorious God of our Fathers, Who hath redeemed the Children from the furnace, is become man, and as a mortal doth suffer, and through suffering doth clothe mortality with the grace of incorruption.

Troparia: THE godly-wise women followed after Thee in haste with sweet-smelling myrrh. But Him Whom they sought with tears as dead, they joyfully adored as the living God, and announced unto Thy disciples, O Christ, the glad tidings of the mystical Pascha.

WE celebrate the death of death, the destruction of Hades, the beginning of an everlasting life. And with leaps of joy we praise the Cause thereof, the only blest and most glorious God of our Fathers.

TRULY sacred and supremely festive is this saving night, radiant with light, the forerunner of the bright-beaming Day of the Resurrection, whereon the Timeless Light in bodily form shone from the grave for all.

Katavasia: The only blest . . .

Then the Little Litany, with the exclamation: Blessed and glorified be the dominion of Thy Kingdom, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

#### **ODE EIGHT**

Heirmos: THIS chosen and holy day is the first of the sabbaths, the queen and lady, the feast of feasts, and the festival of festivals, wherein we bless Christ unto the ages.

Troparia: COME on this auspicious day of the Resurrection, let us partake of the new fruit of the vine of divine gladness and of the Kingdom of Christ, praising Him as God unto the ages.

CAST thine eyes about thee, O Sion, and behold! For lo, like divinely-radiant luminaries, from the West, the North, the Sea, and the East have thy children assembled unto thee, blessing Christ unto the ages.

O FATHER Almighty, the Word, and the Spirit, one Nature in three Hypostases united, transcending essence and supremely Divine! In Thee have we been baptized, and Thee will we bless unto all the ages. We praise, we bless, and we worship the Lord.

Katavasia: This chosen and holy . . .

Then the Little Litany, with the exclamation: For blessed is Thy Name, and glorified is Thy Kingdom, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

The deacon: The Theotokos and the Mother of the Light, let us magnify in song.

And the choirs chant the hymns of the ninth Ode:

#### **ODE NINE**

Megalynarion: Magnify, O my soul, Him Who suffered willingly, and was buried, and arose from the grave on the third day.

Heirmos: SHINE, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Sion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

Megalynarion: Magnify, ... And again the Heirmos:

Shine, shine, O new Jerusalem . . .

Megalynarion: Christ is the new Pascha, the living sacrificial Victim, the Lamb of God that taketh away the sin of the world.

Troparion: O THY divine and beloved and most sweet voice; Thou hast truly promised that Thou wouldst be with us unto the end of the world, O Christ; and we faithful rejoice, having this as an anchor of hope.

Megalynarion: Today the whole creation is glad and doth rejoice, for Christ is risen, and Hades hath been despoiled.

And again the Troparion: O Thy divine and beloved . . .

Glory. Megalynarion: Magnify, O my soul, the dominion of the Undivided Godhead of Three Hypostases.

Troparion: GREAT and most sacred Pascha, Christ; O Wisdom and Word and Power of God! Grant that we partake of Thee fully in the unwaning day of Thy Kingdom. Both now.

Megalynarion: Rejoice, O Virgin, rejoice; rejoice, O blessed one; rejoice, O most glorified one, for thy Son hath arisen from the grave on the third day.

And again the Troparion: O great and most sacred Pascha . . .

Megalynarion: The Angel cried unto her that is full of grace: O pure Virgin, rejoice, and again I say, rejoice; for thy Son hath arisen from the grave on the third day.

Katavasia: SHINE, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Sion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life. (Thrice) JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy.

Then the little litany with the exclamation: For all the hosts of the Heavens praise Thee, and unto Thee do they send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. The Choir: Amen.

EXAPOSTILARION, Second Tone: WHEN Thou hadst fallen asleep in the flesh as one mortal, O King and Lord, Thou didst rise again on the third day, raising up Adam from corruption, and abolishing death: O Pascha of incorruption ! O Salvation of the world! (Thrice)

FROM THE OCTOECHOS, First Tone:

Verse: Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

WE praise Thy saving Passion, O Christ, and glorify Thy Resurrection.

Verse: Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

THOU Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since Thou alone art omnipotent.

Verse: Praise Him with timbrel and dance, praise Him with strings and flute.

THOU Who didst despoil Hades, and didst raise up man by Thy Resurrection, O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.

Verse: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord. GLORIFYING Thy God-befitting condescension, we praise Thee, O Christ; for thou wast born of a Virgin, and yet Thou wast inseparable from the Father. Thou didst suffer as man, and didst endure the Cross willingly. And as one coming forth from the bridal chamber, Thou didst rise from the grave that Thou mightest save the world. O Lord, glory be to Thee.

THE STICHERA OF PASCHA WITH THEIR VERSES, Tone 5:

Verse: Let God arise and let His enemies be scattered, and let them that hate Him flee from before His face.

A SACRED Pascha hath been shown forth to us today; a new and holy Pascha, a mystic Pascha, an all-venerable Pascha, a Pascha that is Christ the Redeemer; a spotless Pascha, a great Pascha, a Pascha of the faithful, a Pascha that hath opened unto us the gates of Paradise, a Pascha that doth hallow all the faithful.

Verse: As smoke vanisheth, so let them vanish; as wax melteth before the fire.

COME from that scene, O women, bearers of good tidings, and say to Sion: Receive from us the tidings of joy, of the Resurrection of Christ. Exult, dance, and be glad, O Jerusalem, for thou hast seen Christ the King as a bridegroom come forth from the tomb.

Verse: So let sinners perish at the presence of God, and let the righteous be glad.

THE myrrh-bearing women at deep dawn drew nigh to the tomb of the Giver of life; they found an Angel sitting upon the stone, and he, addressing them, in this manner did say: Why seek ye the Living among the dead? Why mourn ye the Incorruptible amid corruption? Go, proclaim it unto His disciples.

Verse: This is the day which the Lord hath made; let us rejoice and be glad therein.

A PASCHA of delight, Pascha, the Lord's Pascha, an all-venerable Pascha hath dawned for us, a Pascha whereon let us embrace one another with joy. O Pascha, ransom from sorrow! Today Christ hath shone forth from the tomb as from a bridal chamber, and hath filled the women with joy, saying: Proclaim it unto the Apostles.

GLORY; BOTH NOW, Plagal of First Tone

IT is the day of Resurrection; let us be radiant for the festival, and let us embrace one another. Let us say, O brethren, even to those that hate us: Let us forgive all things on the Resurrection; and thus let us cry: Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life.

*Then Christ is risen is repeated thrice more, and we continue chanting it until the brethren have greeted each other.*

## **Homily of our Father among the Saints John Chrysostom, Archbishop of Constantinople For the Holy and Radiant Day of the Glorious and Saving Resurrection of Christ our God**

Master Bless - IF any be pious and a lover of God, let him delight in this fair and radiant festival. If any be an honest servant, let him come in and rejoice in the joy of his Lord. If any have wearied himself with fasting, let him now enjoy the recompense. If any have worked from the first hour, let him receive today his just reward. If any have come after the third, let him feast with thankfulness. If any have arrived after the sixth, in no wise let him be in doubt; in no way shall he suffer loss. If any be later than the ninth, let him draw nigh, let him not waver. If any arrive only at the eleventh, let him not be fearful for his slowness, for the Master is munificent and receiveth the last even as the first; He giveth rest to him of the eleventh even as to him who hath wrought from the first hour. He is merciful to the last and provideth for the first; and to this one He giveth, and to that one He showeth kindness. He receiveth their labours and acknowledgeth the purpose, and He honoureth the deed and praiseth the intention. Wherefore, enter ye all into the joy of our Lord, and let the first and the second take part in the reward. Ye rich and ye poor, join hands together. Ye sober and ye heedless, do honour to this day. Ye who fast and ye who fast not, be glad today. The table is full: do ye all fare sumptuously. The calf is ample: let no one go forth hungry. Let all enjoy the banquet of Faith. Let all enjoy the wealth of righteousness. Let no one lament his poverty, for the Kingdom is made manifest to all. Let no one bewail transgressions, for forgiveness hath dawned forth from the tomb. Let no one be fearful of Death, for the death of the Saviour hath set us free. He hath quenched Death by being subdued by Death. He Who came down into Hades, despoiled Hades; and Hades was embittered when he tasted of Christ's Flesh. Isaiah, anticipating this, cried out and said: Hades was embittered when below he met Thee face to face. He was embittered, for he was set at nought. He was embittered, for he was mocked. He was embittered, for he was slain. He was embittered, for he was cast down. He was embittered, for he was fettered. He received a body, and encountered God. He received earth, and met Heaven face to face. He received what he saw, and fell whither he saw not. O Death, where is thy sting? O Hades, where is thy victory? Risen is Christ, and thou art overthrown. is Christ, and the demons are fallen. Risen is Christ, and the Angels rejoice. . Risen is Christ, and life doth reign. Risen is Christ, and there is none dead in the tomb. For Christ is raised from the dead, and is become the first-fruits of them that slept. To Him be glory and dominion unto the ages of ages. Amen.

Then we chant the Dismissal Hymn of Saint John Chrysostom, Tone 8: GRACE shining forth from thy mouth like a beacon hath illumined the universe, and disclosed to the world treasures of uncovetousness, and shown us the heights of humility; but whilst instructing us by thy words, O Father John Chrysostom, intercede with the Word, Christ our God, to save our souls.

After the dismissal the Liturgy begins:

### **Epistle: The Acts of St Apostles 1: 1-8**

The former account I made, O Theophilus, of all that Jesus began both to do and teach, Until the day in which He was taken up, after He through the Holy Spirit had given commandments to the apostles whom He had chosen, To whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God. And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," He said, "you have heard from Me; For John truly baptised with water, but you shall be baptised with the Holy Spirit not many days from now." Therefore, when they had come together, they asked Him, saying, "Lord, will You at this time restore the kingdom to Israel?" And He said to them, "It is not for you to know times or seasons which the Father has put in His own authority. But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

## TO WHOM HE PRESENTED HIMSELF ALIVE

But why did He appear... only to the Apostles? Because to the many it would have seemed a mere apparition, inasmuch as they did not understand the secret of the mystery. For the disciples themselves were at first incredulous...and needed the evidence of actual touch with the hand, and of His eating with them...For this reason therefore, by the miracles wrought by the Apostles, He renders the evidence of His resurrection unequivocal...All men thereafter should be certain ...that He was risen...But they did not, you say, perform miracles? How then was our religion instituted?

*St. John Chrysostom. Homily I on Acts I, B#55, p. 5.*

### **The Gospel According To St. John 1: 1-17**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made. In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to bear witness of the Light, that all through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light which gives light to every man coming into the world. He was in the world, and the world was made through Him, and the world did not know Him. He came to His own, and His own did not receive Him. But as many as received Him, to them He gave the right to become children of God, to those who believe in His name: Who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. John bore witness of Him and cried out, saying, "This was He of whom I said, 'He who comes after me is preferred before me, for He was before me.' " And of His fullness we have all received, and grace for grace. For the law was given through Moses, but grace and truth came through Jesus Christ.

## AND THE WORD WAS GOD

Now this is a proof that Christ is God the Word, and the Power of God. For whereas human beings cease, and the word of Christ abides, it is dear to all eyes that what ceases is temporary, but that He who abides is God, and the true Son of God, His only begotten Word.

*St. Athanasius of Alexandria. On The Incarnation, 55. B#7, p. 109.*

Through the incarnation of God the Logos, there entered into human nature the all- perfect Divine Wisdom, the all-perfect Divine Logic, and the all-perfect Divine Mind. 'The Word became flesh,' which means: all the transcendental Divine values became internal to human nature, for they are congenial to the essence of man's godlike soul. All the eternal Divine values, incarnated in man, ultimately merge into one immeasurable and insuperable value: the God-man Christ. Consequently, the God-man is the first, the greatest, the most basic, and the supreme value in the world of man. For nothing is more human than the Lord Christ, who personifies in Himself the most ideal perfection of all that is truly human, truly manlike. Furthermore, He, as the God-man, is the most perfect synthesis of the Divine and the human ...of the natural and the supernatural, of the physical and the metaphysical, of the real and the ideal. In Him, being the God-man, there was created and preserved in the most ideal way an equilibrium between the Divine and the human; and preserved together with this was the autonomy of what is of man and human, as well as the autonomy of what is of God and divine ...

What especially makes the God-man Christ the value above all values is the fact that He is the first and only one to solve completely the problem of life and death ...having actually demonstrated in His Divine-human person incarnate, humanised immortality and life eternal. He demonstrated and proved this powerfully indeed by His resurrection from the dead and ascension into the eternal life of the Godhead ...

'He came into His own.' Yet how are they His people unless by reason of their godlike soul? ...By acknowledging the God-man, we indirectly acknowledge the Christlikeness of man. the divine descent of man, the divine elevation of man ...The struggle for the God-man is the struggle for man. Not humanists, but men of divine-human faith and life are struggling for true man, godlike and Christlike man.

*Archimandrite Justin Popovic. The Supreme Value and Infallible Criterion, B#80A, Vol. 4, pp. 114,116,138.*

And He is called the Word, because He is related to the Father as word to mind ...Perhaps, too, this relation might be compared to that between the definition and the thing defined since this also is called logos. For, it says, he who has mental perception of the Son (for this is the meaning of 'has seen') has also perceived the Father; and the Son is a concise demonstration and easy setting forth of the Father's nature. For everything that is begotten is a silent word of Him who begat it ..He is also called Wisdom, as the knowledge of things divine and human...And Power, as the sustainer of all created things and the furnisher to them of power to keep themselves together. And Truth...and as the pure seal of the Father and His most unerring impress. And the Image, as of one substance with Him...For this is the nature of an image, to be the reproduction of its archetype.

*St. Gregory of Nazianzus. Fourth Theological Oration, 20. B#7, p. 191.*

Since the exile from paradise and the dispersion of Babel, human language has lost its transparency. Words have become void of truth ...But the Word of God was made flesh, has become human word. It was a becoming which was prepared step by step from the creation right up to the fiat of the Virgin, prepared through continuous and successive revelations ...The image of God has never been totally erased from mankind by the primal transgression and fall. In its incarnation, the Word of God - clothed in human flesh and in human language - possesses an efficacy which is both spiritual and sacramental...

The primary aim [of Christian language] is to express and describe the mystery of Christ: the mystery of His incarnation, of his redemptive Passover, and of His sacramental presence in the Church for the life of the world, until His second glorious coming...We may affirm quite clearly that the trinitarian revelation in its entirety proceeds from the coming and the presence of Christ, in whom and through whom and by whom we discover the love of the Father and the power of the Spirit. In the first place, all names, titles, attributes of God, all biblical types and figures pertain to Jesus, the divine Logos.

*Archpriest Boris Bobrinskoy, Revelation of the Spirit, Language beyond Words. Sobornost, Vol. 8 No. 1,1986.*

### **Saints of the Week**

#### **Bright Week – Fast Free Week**

**30 March / 12 April — Our Holy Father John Climacus (of the Ladder)** - The author of the famous 'Ladder', he came from an unknown place to Mount Sinai as a sixteen-year-old boy and remained there, first as a novice, then as a hermit and finally as abbot of Sinai, until he died at the age of eighty, in about 649. His biographer, the monk Daniel, says of him: 'He brought his body up to Mount Sinai, but his spirit he brought to the Mount of Heaven'. He spent nineteen years in obedience to his spiritual father, Martyrios. Anastasius of Mount Sinai, who saw John once as a young man, foretold that he would be abbot of Mount Sinai. After the death of his spiritual father, John took himself off to a cave, where he lived for twenty years in strict asceticism. His disciple, Moses, fell asleep one day in the cool shade of a huge rock. John was at prayer in his cell, and, perceiving that his disciple was in danger, began to pray for him. Moses came up to him later, fell to his knees and began to thank him for saving him from certain death. And he related how he had heard John calling him in his sleep and had jumped up at the very moment that a rock fell. Had he not jumped out of the way, the rock would certainly have killed him. At the importunate urging of the brethren, John accepted the abbacy, and guided their souls to salvation with loving zeal. He once heard a monk reproach him for being too verbose. He was not in the least angered, but was silent for an entire year, not uttering a single word until the brethren begged him to speak. He then began to instruct them with the wisdom with which God had endowed him. Once 600 pilgrims came to Mount Sinai. At supper they all noticed an agile young man dressed as a Jew who was serving at table and giving orders to the other servants, taking charge of everything. Suddenly, he disappeared. While everyone was pondering this and asking questions among themselves, John said: 'Do not bother to look for him; that was the prophet Moses serving you in his own home.' During the time that he was silent in his cave, John wrote many instructive books, of which the most famous, 'The Ladder', is much read to this day. It describes the way to raise the soul to God as if on a ladder. Before his death, John appointed his own brother, George, to the abbacy, but George began to grieve greatly at the approaching parting with John. Then John said that, if he were found worthy to stand close to God in the next world, he would pray that George be taken up to heaven in the same year. And so it came to pass. After ten months, George also fell asleep and departed to take his place among heaven's citizens alongside his brother John.

**Also commemorated on this day:** Holy Prophet Joad (10th C. BC); Holy Apostles of the Seventy Sosthenes, Apollos, Cephas, Caesar, and Epaphroditus (1<sup>st</sup> C); St. Eubula, mother of Great Martyr Panteleimon (†c.303); St. John, patriarch of Jerusalem (†417); Venerable John the Silent (†558); St. Zosimus, bishop of Syracuse (†662); Hieromartyr Zachariah, metropolitan of Corinth (†1684); St. Sophronius, archbishop of Irkutsk (†1771); Righteous Monaka of Alexandria.

**31 March / 13 April — Metropolitan Innocent, Enlightener of Siberia and Alaska** - born John in the Irkutsk district in 1797 the son of a poor sacristan. His father died when he was seven leaving him and his family in great poverty. Fortunately his uncle took him in, provided for his education and taught him manual crafts himself. He entered seminary at age 9 and was a good student. Whilst there the rector changed his surname to Veniaminov. John married in 1817 at the age of 20 and became a deacon in Irkutsk. After a year he was ordained priest and in 1823 the Bishop sought a priest to undertake missionary work in the islands between Siberia and Alaska. Although at first unwilling, Father John was seized with the desire to preach the Gospel of Christ to the unenlightened. His bishop consented, and although his family were at first opposed they began the long journey. In the following year they arrived on the island of Unalaska. He began to teach the natives carpentry and building, and with their help erected a church and dwellings. He then began to study the native language, hoping to translate the Gospel and divine services. He preached to the natives in their own language, adapting concepts to their understanding. He travelled widely throughout the diocese, which stretched over several thousand kilometres, serving, preaching, and baptising. He sometimes traversed great distances on the open sea in a small canoe. He developed an alphabet for the Aleutian language and translated the catechism and the Gospel of St. Matthew. At this time he wrote his most famous work - Indication of the Way into the Kingdom of Heaven. He opened a school and himself taught the children to read and write. He spent 10 years in Unalaska, in which time he converted all the inhabitants to Christianity. He was then transferred to Sitka, an island port close to the mainland of Alaska. He laboured there for five years, learning the language and translating, preaching and baptising, and teaching the natives manual trades. He was greatly loved by the native peoples. In 1838 he returned to Russia to seek help for his work and for a blessing to print his translations. He was raised to Archpriest and at the same time his wife died. He accepted monasticism and in 1840 was tonsured with the name of Innocent eventually becoming Bishop Innocent and returning to Alaska to finish his work. In 1850 he was elevated to Archbishop and in 1857 was recalled to Russia where he laboured greatly for the conversion of the unenlightened peoples on the Russian-Chinese border. Finally in 1867, he was chosen to succeed the newly reposed Metropolitan Philaret. By now an old man he accepted this great burden with humility, fulfilling his duties to the glory of God until his repose on 31 March, 1879. This great worker planted the Faith of Christ amongst a great many pagan tribes, labouring for their salvation with true patience, humility and simplicity. For his labours, the Synod of Bishops of the Russian Church Abroad resolved in May 1993 to recognise Metropolitan Innocent as a saint on January 17/30, 1994.

**Archbishop Averky of Jordanville** - the world known as Alexander Pavlovich Taushev) was born on October 19, 1906, in the city of Kazan. His father was employed by the government until the Revolution of 1917 and was required to travel widely. Thus Vladika, although only 14 when he was forced to leave Russia, knew a great deal of his beloved homeland. He read widely from a young age, and was especially moved by spiritual books which his father obtained from the Monastery of St. Panteleimon on Mt. Athos. In 1920 the family settled in Bulgaria amongst many other Russian refugees. Then in 1925, he met Archbishop Theophan who had a tremendous influence on this young man, and it was at this time he became firm in his desire for monasticism. He entered theological Academy and graduated in 1930 with top marks. Desiring greatly to labour for the Russian people, he decided to travel to Czechoslovakia, where many were returning from the Unia to Orthodoxy. Vladika Theophan blessed him, and Alexander was appointed secretary to the Diocesan Administrator. In 1931 he was tonsured a monk with the name Averky. The next day he was ordained to the diaconate, and in the next year was ordained priestmonk. In 1937 he was made Abbot before in 1940 he was forced as a result of World War II to move to Belgrade where he taught and laboured in the service of the Synod. In 1951 he moved to America and was invited to teach at Holy Trinity Seminary in Jordanville. In 1961 he was made Archbishop - a great preacher and zealot of True Orthodox Christianity, Vladika suffered greatly as a result of the attacks of modernism and ecumenism on the Orthodox Faith. It was said that he was one of the last giants of 20th Century Orthodoxy. May his memory be eternal!

**St. Jonah, metropolitan of Moscow** - Sainted Jona, Metropolitan of Moscow and WonderWorker of All Russia, was born in the city of Galich into a pious Christian family. The father of the future saint was named Feodor. At twelve years of age the youth took monastic vows in one of the Galich monasteries, from which he transferred to the Moscow Simonov monastery, where for many years he fulfilled various obediences. One time Sainted Photii, Metropolitan of Moscow (Comm. 27 May and 2 July), visited at the Simonov monastery and after the molieben, having blessed the archimandrite and brethren, wanted also to bless the monks fulfilling obedience at the monastery tasks. When he came to the bakery, he saw then the monk Jona asleep from much work, and the right hand of the fatigued monk was bent in a gesture of blessing. Sainted Photii asked not to wake him; he blessed the sleeping monk and prophetically predicted to those present, that this monk would be a great hierarch of the Russian Church and would guide many on the way to salvation.

The prediction of the Saint was fulfilled. After several years Saint Jona was made bishop of Ryazan and Murom.

In 1431 Saint Photii died. Five years after his death, Saint Jona was chosen Metropolitan of All Russia for his virtuous and holy life. When the newly chosen metropolitan journeyed to Patriarch Joseph II (1416-1439) in Constantinople, in order to accept confirmation as metropolitan, it turned out then, that shortly before this the nefarious Isidor, a Bulgarian by descent, was already established as Russian metropolitan. Spending a short while at Kiev and Moscow, Isidor journeyed to the Council of Florence (1438), – where he accepted Uniatism. A Sobor / Council of Russian hierarchs and clergy deposed metropolitan Isidor, and he was compelled to flee secretly to Rome (where he died in 1462). Saint Jona was unanimously chosen Metropolitan of All Russia. His consecration by the blessing of the Constantinople Patriarch Gregory III (1445-1450) – was the first time that it was done by Russian hierarchs in Moscow. On 15 December 1448 Saint Jona became Metropolitan and with arch-pastoral zeal he began to assert piety among the flock, encouraging the Orthodox faith in the land by word and by deed. And beneath his exalted dignity he continued as before with his personal monastic efforts.

In 1451 the Tatars unexpectedly advanced on Moscow; they burned the surroundings and prepared for an assault on the city. Metropolitan Jona with clergy made procession along the walls of the city, with tears beseeching God for the salvation of city and people. Beholding the dying monk Antonii of the Chudov monastery, – who was noted for his virtuous life, Saint Jona said: "My son and brother Antonii! Pray to the Merciful God and the All-Pure Mother of God for the deliverance of the city and all Orthodox Christians". The humble Antonii replied: "Great hierarch! We give thanks to God and His All-Pure Mother, – She hath heard thy prayer and hath besought Her Son, – the city and all Orthodox Christians wilt be saved through thine prayers. The enemy will soon take flight. Only I alone am destined by the Lord to be killed by the enemies". Just as the elder said this, an enemy arrow struck him.

The prediction of Starets Antonii occurred: on 2 July, on the feast of the Placing of the Robe of the Most Holy Mother of God, confusion broke out in the ranks of the Tatars, and in unexplained fear and terror they turned to flight. Saint Jona built in his courtyard a temple in honour of the Placing of the Robe of the Most Holy Mother of God, – in memory of the deliverance of Moscow from the enemies.

The blessed end of Saint Jona followed in the year 1461. By the grave of the Saint began to occur numerous healings.

In 1472 the relics of holy Metropolitan Jona were opened undecayed and placed in the Uspensky Sobor / Cathedral of the Kremlin (the feast of Transfer of the holy Relics is celebrated 27 May). A Sobor of the Russian Church in 1547 established the individual day of memory to Sainted Jona, Metropolitan of Moscow. In 1596 Patriarch Job established the celebration to Sainted Jona in the Sobor / Assemblage of other Moscow Hierarchs, on 5 October.

**Also commemorated on this day:** St. Hypatius the Wonderworker, bishop of Gangra (†360); Righteous Joseph the Fair, the son of Jacob (18th C. BC); Venerable Acacius the Confessor, bishop of Melitene (†251); Venerable Apollonius of Egypt (†395); Martyrs Abdas, bishop of Persia and Benjamin, deacon (†424); Venerable Hypatius, abbot of Rufinus in Chalcedon (†c.446); Venerable Blaise of Amorium (†c.908) Venerable Hypatius the Healer of the Kiev Caves (14th C); New Hieromartyr John Blyumovich, priest (†1938); 'Iveron' Icon of the Mother of God ; Movable feast on Bright Monday: 'Tender Kissing' Icon of the Mother of God.

**1 / 14 April — St Mary of Egypt** - The recorder of the life of this wonderful saint was St Sophronius, Patriarch of Jerusalem. A hieromonk, the elder Zossima, had gone off at one time during the Great Fast a twenty-days' walk into the wilderness across the Jordan. He suddenly caught sight of a human being with a withered and naked body and with hair as white as snow, who fled in its nakedness from Zossima's sight. The elder ran a long way, until this figure stopped at a stream and called: 'Father Zossima, forgive me for the Lord's sake. I cannot turn round to you, for I am a naked woman.' Then Zossima threw her his outer cloak, and she wrapped herself in it and turned round to him. The elder was amazed at hearing his name from the lips of this unknown woman. After considerable pressure on his part, she told him her life-story. She had been born in Egypt, and had lived as a prostitute in Alexandria from the age of twelve, spending seventeen years in this way of life. Urged by the lustful fire of the flesh, she one day got into a ship that was sailing for Jerusalem. Arriving at the Holy City, she tried to go into one of the churches to venerate the Precious Cross, but some unseen power prevented her from entering. In great fear, she turned to an icon of the Mother of God that was in the entrance, and begged her to let her go in and venerate the Cross, confessing her sin and impurity and promising that she would then go wherever the Most Pure led her. She was then allowed to enter the church. After venerating the Cross, she went out again to the entrance and, standing in front of the icon, thanked the Mother of God. Then she heard a voice: 'If you cross the Jordan, you will find true peace.' She immediately bought three loaves of bread and set off for the Jordan, arriving there the same evening. She received Communion the following morning in the monastery of St John, and then crossed the river. She spent forty-eight whole years in the wilderness in the greatest torments, in terror, in struggles with passionate thoughts like gigantic beasts. She fed only on plants. After that, when she was standing in prayer, Zossima saw her lifted up in the air. She begged him to bring her Communion the next year on the bank of the Jordan, and she would come to receive it. The following year, Zossima came with the Holy Gifts to the bank of the Jordan in the evening, and stood in amazement as he saw her cross the river. He saw her coming in the moonlight and, arriving on the further bank, make the sign of the Cross over the river. She then walked across it as though it were dry land. When she had received Communion, she begged him to come again the following year to the same stream by which they had first met. Zossima went, and found her dead body there on that spot. Above her head in the sand was written: 'Abba Zossima, bury in this place the body of the humble Mary. Give dust to dust. I passed away on April 1st, on the very night of Christ's Passion, after communion of the divine Mysteries.' Zossima learned her name for the first time, and also the awe-inspiring marvel that she had arrived at that stream the previous year on the night of the same day on which she had received Communion—a place that he had taken twenty days to reach. And thus Zossima buried the body of the wonderful saint, Mary of Egypt. When he returned to the monastery, he recounted the whole story of her life and the wonders to which he had been an eyewitness. Thus the Lord glorifies repentant sinners. St Mary is also commemorated in the Fifth Week of the Great Fast. The Church holds her up before the faithful in these days of the Fast as a model of repentance. She entered into rest in about 530.

**St Meliton, Bishop of Sardis** - A well-known pastor of the Church in the second century, he was a man of great learning and laboured to codify all the books of Holy Scripture. He laboured also in meekness and devotion to bring peace to the Church in Laodicea, involved in a quarrel about the celebration of Easter. Apart from this, he defended Christianity against the pagans. He travelled to Rome in about 170, bringing a written apologia on the Faith and the Christian Church to the Emperor Marcus Aurelius. St Meliton, this learned, devout and zealous man, entered peacefully into rest in the Lord in about 177.

**Also commemorated on this day:** Martyrs Gerontius and Basilides (3rd C); Venerable Macarius the Confessor of Pelecete (†c.830); Venerable Procopius of Sazava (†1053); Martyr Abraham the Bulgar (†1229); Venerable John of Shavta, bishop of Gaenati, Georgia (13th C); Venerable youth Gerontius, canonarch of the Kiev Caves (14th C); Venerable Euthymius, archimandrite of Suzdal (†1404); St. Pachomius, archbishop of Roman and Galați, Moldavia (†1724); Venerable Barsanuphius of Optina (†1913); New Hieromartyr Sergius Zavarin, priest (†1938); St. Macarius, Schema-bishop, confessor (†1944); Righteous Achaz; Martyr George of Samos. Movable feasts on Bright Tuesday: The Appearance of the Iveron (Portaitissa) Icon of the Mother of God on Mt. Athos (1004); Martyrs Raphael, Nicholas, Irene & Olympias of Lesbos (†1463); Venerable Fathers martyred in the hermitage of David-Gareji, Georgia (†1616); 179 Monk-martyrs of Ntaou Penteli (†1680); The 'Shuisk-Smolensk' Icon of the Mother of God.

**2 / 15 April — Our Holy Father Titus the Wonderworker** - He conceived a love for Christ from his earliest years, and despised the vanities of the world. For His sake, he left the world, went off to a monastery and received the angelic habit. With not a backward glance, he gave himself to the sober and narrow way of monasticism. Through great patience, he attained the two basic virtues of humility and obedience, and in these

virtues he exceeded 'not only the brethren, but all men'. He preserved his purity of soul and body right from his youth. In the time of the iconoclast heresy, he was seen to be a steadfast pillar of the Church of God. For his great humility and purity, he was endowed by God with the gift of wonderworking, both in his lifetime and after his death. And when he went to the Lord, he left a large number of disciples behind him. He entered peacefully into rest in the 9th century.

**The Holy Martyrs Amphianus, and Edesius** - These two young men were blood brothers from the city of Patara of distinguished but pagan parents. While they were studying the secular sciences in the city of Beirut, they were enlightened by the Spirit of God, and acknowledging the falsehood of paganism, discerned the truth of Christianity. When they returned home they could no longer live with their pagan parents and kinsmen and secretly fled to Caesarea in Palestine to the presbyter Pamphilius, renown for his sanctity and spiritual learning. With Pamphilius, they studied the Law of God day and night and practiced Christian asceticism. It is said of Pamphilius that he was twenty years old according to the flesh but, in understanding and generosity, he was a hundred years old. When a persecution began during the reign of Maximian, many Christians fled the city and hid themselves. Others, willingly and rejoicefully, gave themselves into the hands of the persecutors in order to suffer for the Name of Him, Who first suffered for them. Amphianus was among the latter. Unafraid, he entered a pagan temple where Prince Urban was offering sacrifices to the idols, grabbed the prince by the hand which was holding the sacrifice and cried to him to refrain from serving and making sacrificial offerings to dead idols and to acknowledge the True God. Some of the pagans who heard these words and witnessing the great courage of Amphianus, repented and embraced the Faith of Christ. The enraged prince subjected Amphianus to torture. Among the other tortures, they wrapped the legs of Amphianus with cotton and set them on fire. When he remained alive, they tossed his body into the sea with a stone around his neck. The sea became turbulent and hurled his martyred body back into the city. At first, Edesius was sent to a cooper mine in Palestine and was later taken to Egypt. In Alexandria, Edesius was filled with holy zeal against a certain Prince Hierocles who, in the market place, assembled Christian nuns, maidens and virtuous women and handed them over to the most shameful perverts for derision. Edesius, filled with holy zeal, struck the disgraceful prince. For that, he was tortured and drowned in the sea as was his brother Amphianus. As two innocent lambs, they were sacrificed for Christ about the year 306 A.D. and were translated to the glorious mansions of the Lord.

**Also commemorated on this day:** Martyr Polycarp of Alexandria (4th C); St. Nicetius of Lyon (†573); Venerable George of Atsquri, Georgia (10th C); St. Sabbas, archbishop of Sourozh (12th C); Venerable Gregory of Nicomedia (†1290). Movable feasts on Bright Wednesday: Synaxis of the saints of Sinai; Venerable Athanasius the younger of Vysotsk (†1395); 'Kasperov' Icon of the Mother of God.

**3 / 16 April — St Nicetas the Confessor** - He was born in Bithynia, in the town of Caesarea. His father, Philaret, losing his wife, became a monk. Nicetas remained with his paternal grandmother. After he had grown up and finished his schooling, he went to a monastery in Midikion, where Nicephorus, the abbot, tonsured him as a monk. After seven years of toil and asceticism, he was ordained hieromonk by Patriarch Tarasius. After the deaths of Nicephorus and Nicetas's great friend, Athanasius, the brethren chose Nicetas as abbot, much against his will. St Nicetas was a holy example of life and asceticism to his brethren for many years. But when Leo V, the Armenian, came to the throne, following the devout Empress Irene and the pious Emperors Nicephorus and Michael, the iconoclast heresy sprang up again. The Emperor deposed Patriarch Nicephorus and sent him into exile, and in his place put a heretic, Theodotus Cassiteras, a man of impure life. Nicetas was imprisoned and tortured, but remained unwavering in his Orthodoxy. He was taken from prison to prison and tortured by hunger and thirst, by cold and heat and malice. But he remained utterly unwavering. A certain Nicolas pestered him particularly with his derision and malice. But one night the dead father of this Nicolas appeared to him in a dream and said: 'Leave that servant of God alone!' From that moment Nicolas repented, and not only refrained from pestering him but prevented others doing likewise. When the Emperor Leo the Armenian had made an evil end, the throne passed to the Orthodox Emperor Michael Balbus, who freed all the Orthodox sufferers. Nicetas retired to a lonely place near Constantinople, where he spent the remaining days of his earthly life in prayer and thanksgiving to God. When he died, his body was taken to his monastery and, during that journey, many of the sick, on touching his body, were healed. His relics were placed close to the graves of his spiritual father, Nicephorus, and his friend Athanasius. This great hierarch entered into rest in 824.

**The Holy Martyr Ulphianus** - a young man from the city of Tyre. He suffered for Christ at the hands of Urban, the mayor of the city of Tyre, who also was the torturer of Amphianus [April 2]. Finally, he was tied in a sack along with a dog and a snake and tossed into the sea. He suffered and was glorified in the year 306 A.D.

**Also commemorated on this day:** Martyrs Elpidophorus, Dius, Bithonius, and Galycus (3rd C); Martyrs Cassius, Philip, and Euty chius of Thessalonica (†304); Virgin-martyr Theodosia of Tyre (†308); Martyrs Evagrius, Benignus, Chrestus, Arestus, Kinnudius, Rufus, Patricius, and Zosimus at Tomis in Moesia (†c.310); Venerable Burgundofara of Faremoutiers (†657); Venerable Nectarius of Bezhetsk (†1492); Venerable Illyrius, wonderworker of Mt. Myrsinon; 'The Unfading Bloom' Icon of the Mother of God. Movable feast on Bright Thursday: Venerable Anastasia of Kiev, duchess (†1900).

**4 / 17 April — Our Holy Father Joseph the Hymnographer** - He was born in Sicily of devout and virtuous parents, Plotinus and Agatha. After the death of his parents, he moved to Salonica, where he became a monk. As a monk, he was an example to all in fasting, restraint, ceaseless supplication, psalmody, vigils and toil. The Bishop of Salonica ordained him hieromonk. The famous Gregory of Decapolis, visiting Salonica, loved Joseph with heart and soul for his rare character, and took him back with him to his monastery in Constantinople. When the flame of iconoclasm sprang up again under Leo the Armenian, Joseph was sent to Rome to call the Pope and the Roman Church to battle for the true Faith. But pirates captured him on the way and took him to Crete, where he was kept in prison for six years by the heretics. Joseph rejoiced that he was made worthy to suffer for Christ, and thanked God constantly, regarding the iron chains with which he was bound as golden ornaments. In the sixth year, around Christmas, the wicked Emperor was murdered at the morning service in church. At the same moment, St Nicolas appeared to Joseph in the prison and said to him: 'Get up and follow me.' Joseph felt himself lifted up in the air, and found himself all at once in Constantinople. His arrival was a source of rejoicing to all the Orthodox faithful. He composed Canons and hymns for many of the saints. He had the gift of insight, because of which Patriarch Photius made him spiritual father and confessor to his priests, recommending him as 'a man of God, an angel in the flesh, a father of fathers'. In great old age, he gave his soul into the hands of the God he had served so faithfully in work and song. He died peacefully on the eve of Holy Thursday in 883.

**The Holy Martyr Pherbutha** - During the reign of the Persian Emperor Saborius, St. Simeon, the bishop, was slain. At the wish of the empress, Pherbutha, the sister of Bishop Simeon, was taken to the palace. Pherbutha was exceptionally beautiful and because of that many suitors thronged to her among whom were many pagan priests and soothsayers. Pherbutha rejected them all and provoked much anger against herself. At that time, the empress became ill and all the pagan priests explained to the emperor that the empress was poisoned by Pherbutha and, as a cure for the ailing empress, they recommended the following: that Pherbutha, her sister and their slave, as Christians, be sawn and that three parts of their bodies be placed on one side and three parts on the other side and that the empress should be borne between them. The emperor agreed to the recommendation of these blood-thirsty pagan priests. Pherbutha, together with her sister and their slave, suffered for Christ in the year 343 A.D., thereby earning the incorruptible wreath in the eternal kingdom of their Lord.

**Our Holy Father, the Martyr Nicetas** - a Slav from Albania. As a monk of the Holy Mountain (Mt. Athos), he went to Serres where he debated with the Mullahs about religion. Being that they could not overcome him with reason, the Turks subjected him to torture under which Nicetas, the holy one, died and gave up his soul to his God in the year 1808 A.D.

**Also commemorated on this day:** Venerable George of Mt. Maleon (9th C); Venerable Zosimus of Palestine, who found Venerable Mary of Egypt (6th C); Venerable Joseph the Much-ailing of the Kiev Caves (14th C); Venerable Theonas, metropolitan of Thessalonica (†1541); Venerable Zosimus of Vorbosomsk (†c.1550); Venerable James of Galich (16th C); New Hieromartyr Benjamin (Kononov) and Nicephorus (Kuchin) (†1928); New Hieromartyr Nicholas, bishop of Velsk, and Nun-martyr Maria (Lelyanova) of Gatchina (†1932); Hieromartyr John Vechorko, priest (†1933); Martyr John Kolesnikov (†1943); Venerable Elia (Makeevsky) (†1946); 'The Life-Giving Spring' or 'Gerondissa' Icon of the Mother of God.

**5 / 18 April — The Holy Martyrs Agathopous and Theodulus** - The first was a deacon and the second a reader in the Church in Salonica; the first adorned with the white hairs of age and the second with the chastity of youth. In the time of Diocletian's hunting of Christians, these two were summoned for trial. They went there joyfully, and, each holding the other by the hand, went in crying: 'We are Christians!' The whole court's urging them to

deny Christ and worship idols was in vain. After long imprisonment and starvation, they were condemned to death by drowning in the sea. Their hands were bound behind them and a large stone tied to their necks, and they were taken off to be drowned. When they went to throw Agathopous into the depths, he cried out: 'Lo, by a second baptism we are washed from all our sins, and will go cleansed to Christ Jesus!' The sea quickly threw their drowned bodies onto the shore, and Christians gave them burial. St Theodulus appeared to his friends in the form of a shining angel in white raiment and commanded them to distribute all his remaining goods to the poor. These great soldiers of Christ suffered with honour under the Emperor Diocletian and Faustinus, the governor of Salonica, in the year 303.

**Our Holy Father Mark of Trache** - also called "Mark the Athenian" because Athens was the place of his birth. His parents died after he completed his higher education in Athens. He thought to himself that death, even for himself, was unavoidable and that one should sufficiently prepare beforehand for that honourable departure from this world. Distributing all of his possessions to the poor, he sat on a plank in the sea and with a tenacious faith in God's help, prayed that God direct him wherever He wills. God, in His Providence, protected him and brought him to Lybia (or Ethiopia) to a mountain called Trache. Mark lived an ascetical life on this mountain for ninety-five years, seeing neither man nor beast. For thirty years, he waged a violent combat with evil spirits and suffered from hunger, thirst, frost and heat. He ate dirt and drank sea water. After thirty years of the most vehement suffering, the defeated demons fled from him and an angel of God began to bring him food daily in the form of bread, fish and fruit. St. Serapion visited him before his death and, afterward, made known the miraculous life of Mark. Mark asked St. Serapion: "Are there any Christians in the world now, who, if they were to say to this mountain, 'Arise from here and hurl yourself into the sea,' would it be so?" At that moment, the mountain upon which they stood moved in the direction of the sea. Mark raised his hand and stopped it. Such was the miracle-working power which this man of God possessed. Before his death, he prayed for the salvation of mankind and then gave up his soul to God. St. Serapion saw angels as they bore Mark's soul and he also saw an extended hand from heaven which received it. St. Mark lived to be one-hundred thirty years old and died about the year 400 A.D.

**Also commemorated on this day:** Venerable Publius of Egypt (4th C); Venerable Theonas, Symeon, and Phorbinus of Egypt (4th C); Venerable Mark of Athens (†400); Venerable Plato the Confessor, abbot of Studion Monastery (†814); Venerable Theodora of Thessalonica (†892); Translation of the relics of St. Job, patriarch of Moscow (1652); Martyr George of New Ephesus (†1801); Martyr Panagiotes of Jerusalem (†1820); New Hieromartyr Alexis Krotenkov, priest (†1930); New Hieromartyr Nicholas Simo, priest (†1931).

### † Daily Scripture Readings †

**Monday** – Vespers: John 20:19-25 (\$65); Epistle: Acts 1:12-17, 21-26 (\$2)  
Gospel: John 1:18-28 (\$2)

**Tuesday** – Epistle: Acts 2:14-21 (\$4); Gospel: Luke 24:12-35 (\$113)

**Wednesday** – Epistle: Acts 2:22-36 (\$5); Gospel: John 1:35-51 (\$4)

**Thursday** – Epistle: Acts 2:38-43 (\$6); Gospel: John 3:1-15 (\$8)

**Friday** - Epistle: for Friday: Acts 3:1-8 (\$7); for the Theotokos: Phil. 2:5-11 (\$240)  
Gospel: for Friday: John 2:12-22 (\$7); for the Theotokos: Luke 10:38-42, 11:27-28 (\$54)

**Saturday** – Epistle: Acts 3:11-16 (\$8); Gospel: John 3:22-33 (\$11)

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